Team Handball-Middle School

10 days

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| Learning Targets |  |  | Activities | Assessment Items |
| Obj. |  | SW demonstrate the ability to dribble the ball to create scoring opportunities and move the ball up and down the playing area.  SW realize the similarities of dribbling in handball to dribbling in basketball. | -use fingertips, not whole hand  -Dribble in place  -right hand  -left hand  -alternate rt and lt on every bounce  -Dribble while walking in a straight line. Rt or lt hand  -Dribble while jogging. Either hand.  **Activity**: Dribbling relay races-  -teams try to beat their previous time, not the other team. If they do not, 15 push-ups.  **Activity**: Dribble knock-out (if time)  -each student has a ball and dribbles in the b-ball court boundaries. Try to knock other’s ball away from them. Once you lose your dribble, you are out. Last student in is winner.  **Activity:**  -Form four groups with one ball per group. Players with balls dribble to the left and hand off to the next line. The object is to try to catch one of the dribblers ahead. After handing off, go to the end of that line. | Observation |
| LO |  | SW demonstrate the ability to pass a handball in several different ways from a stationary position.  SW realize the similarities of passing and catching in several sports (i.e. basketball, football) | -Chest pass  -Overhead pass-2 hands  -Baseball throw-1 hand  -bounce pass  -Side arm pass  -Shovel pass  -Hand-off pass  -Jump pass  -Behind-the-back pass  ~we will go over each pass separately and work on each for 5 min.  -**Activity:** partners, 10 catches and throws from 3 different levels (for each different pass, except behind the back  **Activity-**5 passes  ~students in teams of 5 to 6. Focus on passing in their playing area using the passes of their choice. 5 passes=one point. If the ball is dropped, D becomes O and attempts to earn a pt.  ~students should try to use different passes  **Activity:**  -**handball toss back**  -With each successful catch, student takes one step back. If the ball is dropped, start over at the start position(width of the B-ball lane). The pair that is furthest apart after 3-5 minutes is the “winner.” | Observation |
| Big  Idea 3 |  | SWBAT demonstrate accuracy while shooting.  SWB aware of the high-percentage shots (corners). | **Activity:** students will shoot from 7, then 12 meters, one shooter at a time. Two separate lines at each end of the gym. Students shoot at one end, retrieve their ball, and dribble to the end of the line at the other end of the gym.  -incorporate jump shots after a while. Explain rules of the jump shot. | Observation |
| Big  Idea 4 |  | SW demonstrate goalkeeping skills using their entire body to stop the ball. | **-Activity:** Similar to the shooting drill, but students in 4 groups. Each student has a chance to be goalie and the rest of the group takes a shot on goal. Each student is goalie 3x’s. Should get 15 reps. | observation |
| Big  Idea 5 |  | SW apply skills and rules learned throughout the unit in a Team Handball game. | Team Handball Games  Teams of 7 | Observation  Formative written assessment |
| Big  Idea 6 |  |  |  |  |